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Dynetix Fitness

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By Dynetix Design Solutions Inc

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 Offers Apple Watch App for iPhone

\$1.99

Category: [Health & Fitness](#)

Updated: Nov 19, 2015

Version: 3.5

Size: 7.9 MB

Apple Watch: Yes

Language: English

Seller: Dynetix Design Solutions Inc

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Rated 4+

Compatibility: Requires iOS 9.0 or later. Compatible with iPhone and iPod touch.

Customer Ratings

We have not received enough ratings to display an average for the current version of this application.

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Description

Take your exercise routine to the next level with Dynetix Fitness, a health and fitness app that helps you get the most out of every workout with two advanced trackers for the price of one.

Whether you're walking, running, jogging, or cycling, this powerful and comprehensive tracking app turns your iPhone and Apple Watch into ultimate tools to keep you on track and challenge you to up your game. The app accurately tracks your fitness progress and goals, and even automatically selects US or metric units based on your location. With just a few taps, you're on your way to improving your fitness and health.

Through detailed analytic reports and charts, all the details of your workouts are at your fingertips, allowing you to compare your exercise duration, miles completed, paces, steps, flights, heart rates and calories using numerical data, percentages and charts. Visualizing improvement is key for motivation, so let it guide you straight to the success!

Every fitness goal is within reach, and we can get you there. Set progressive goals for your workouts with this app, such as running a mile in 6 minutes or burning 300 calories, and enjoy rewards as they're reached. The app alerts you with a sound and vibration when you hit a goal, so take a moment to pat yourself on the back. You did it! For each goal you meet, you also collect a badge to mark your success. All rewards and workout results can be saved, so you can see how far you've come over time.

Don't be shy about your achievements either! Post your workout results to Facebook or Twitter so your friends can congratulate you and share in your success. Be proud of your hard work and determination! Of course, when you're ready to challenge yourself even more, you can also join our leaderboard. Post your best workouts to the Dynetix Fitness Scoreboard for healthy competition that will keep you motivated to reach that next target.

This easy to use app is integrated with the Apple Health app and works independently on the iPhone and Apple Watch, providing features you won't get with Apple fitness and other fitness tracking devices/wearable.

* Use either the iPhone app or app extension on the Apple Watch, and each saved session will be shared with the other app as well as uploaded to your iCloud account, giving you access to your results no matter which device you grab for your next workout.

* The GPS-routes feature records your travel paths in real time and in analytic reports, showing where your fitness goals were met and analyzing your walking and running paces so you can see where you need to improve in next session.

Note: continue use of GPS running in background can dramatically decrease battery life.

* The iPhone app features a voice coach that compares your exercise sessions and advises you for your next workout.

* You can easily customize the app. For instance, track flights climbed up the stairs, flights descending the stairs, or both to get the data you need to adjust your routine.

* Turn your Apple Watch into a heart rate monitor. Simply set your desired heart rate, press start, and an alarm will sound when you meet or exceed your limit during your workout or daily activity.

* Voice inputs are also available on the Apple Watch, so that you can define fitness goals, start fitness tracking, and sync saved workouts with voice commands. It is

as simple as saying "Run a mile, 6 minutes, 50 calories, 1000 steps, heart rate 100. Start!" The app does the rest.

The interface is simple on both apps, only requiring a few taps or a quick command before you're on the go. The real time information is concise so you can find what you need with a quick glance, even on the run. Whether you're just trying to stay on track or you need real data to upgrade your workout, Dynetix Fitness provides every feature you need to push yourself and get the best workout results of your life.

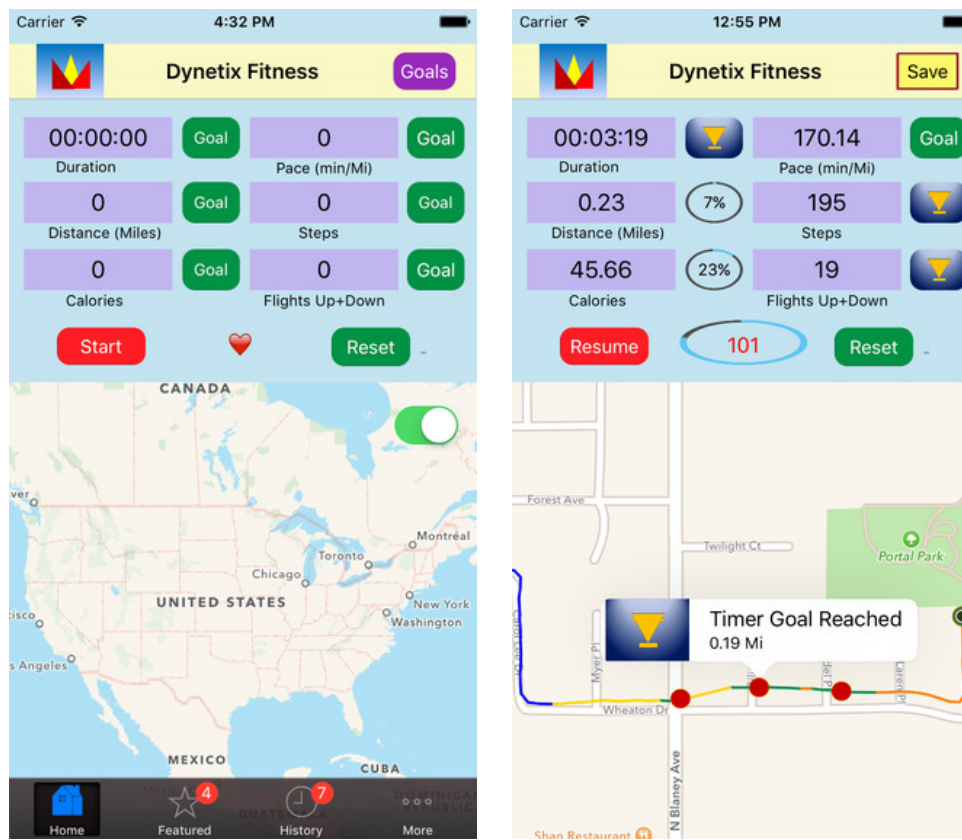
[Dynetix Design Solutions Inc Web Site](#) [Dynetix Fitness Support](#)

What's New in Version 3.5

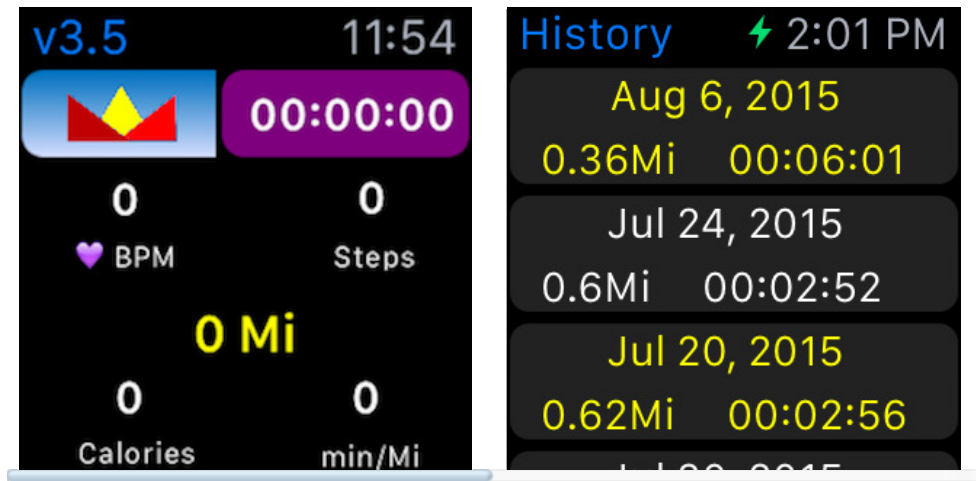
Changed score board to scoreboard.
Speedup the annotation of scoreboard count on the tab bar.

...More

iPhone Screenshot



Apple Watch



App Store on Facebook and Twitter



Discover and share new apps. Follow us on @AppStore.

12m
Like

iTunes on Facebook



Discover and share new music, movies, TV, books, and more.

31m
Like

iTunes on Twitter



Follow us @iTunes and discover new iTunes Radio Stations and the music we love.

Apple iTunes

Shop and Learn

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- iPad
- iPhone
- Watch
- Apple Music
- iTunes
- iPod
- Apple TV
- Accessories
- Gift Cards

Apple Store

- Find a Store
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